Safe and Effective Use of Self (SEUS)

Understand your patterns of interaction with your clients as a psychotherapist



Safe and Effective Use of Self (SEUS) refers to the psychotherapist's learned capacity to understand their own subjective context and patterns of interaction as they inform their participation in the therapeutic relationship with the client. It also speaks to the psychotherapist's self-reflective use of their personality, insights, perceptions, and judgements in order to optimize interactions with clients in the therapeutic process.

Online classes are on Fridays beginning November 13.

Course fee: $825 (no tax)

Register now:

Contact us: CE@mnlc.ca

Online Classes on Fridays

November 13, 20, 27, December 4, 11

9:00 AM to 3:30 PM

Documentation required:

- Application form
- Photo ID
- Resume
- Cover letter related to mental health, specifically to psychotherapy. In your cover letter, please explain why you are interested in taking this course and what your expectations are about it. Also, please share with us a little bit of your background (education and experience in, or related to psychotherapy).
- If you are registered with CRPO already, please submit your certificate.

MNLC

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